



wakaama  
Outrigger / Va'a / New Zealand

# 2023 Waka Ama Long Distance Nationals

WHITIANGA –Thursday 20<sup>th</sup> – Saturday 22<sup>nd</sup> April 2023

Pānui 1 - February 2023



Ngā puke o Hauraki ka tarehū  
E mihi ana ki te whenua  
E tangi ana ki te tangata  
Ko Te Aroha kei roto  
Ko Moehau kei waho  
Ko Tikapa te moana  
Ko Hauraki te whenua

Tihei mauri ora

Tēnā koutou e te tini, e te mano. Ko te reo o Hauraki e tukuna aturia nei ki a koutou. E mihi ana ki a koutou katoa te manuwhiri tūārangi, ngā kaihoe, me ngā whānau hoki. Nau mai ki Hauraki. Nau mai ki te Whitianga-o-Kupe. Nau mai ki te pūtake o Taputapuātea. Nau mai ki te wāhi tāukiuki i tae mai ai, i wehe ai ngā waka o nehe. Nau mai ki Te Whanganui-a-Hei.

Haere mai ki Hauraki he aute tē awhea.

Acknowledgements to all and welcome to all visitors, paddlers and whānau. Welcome to Hauraki, welcome to Whitianga. Welcome to the base Taputapuātea. Welcome to the ancient place of arrival and departure for the waka of olden days. Welcome to the expansive bay of Hei.

Welcome to Hauraki, a land of fertility and prosperity.

Whitianga Waka Ama



TE ĀPUTA TIRA HOE



## 2023 LONG DISTANCE NATIONALS

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Te Puku o Te Ika, Whitianga Waka Ama, Hauraki Waka Ama, Te Aputa Tira Hoe and Te Whanau Waka Ama o Whangamata in association with Waka Ama New Zealand (WANZ), are proud to host the 2023 Waka Ama Long Distance Nationals (LDNs) to be held in Whitianga at Buffalo Beach.

## 2023 LDN PŌWHIRI

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The pōwhiri will take place on Thursday 20 April 3:00 pm Venue TBA. Closer to the time we will send out a survey link for clubs to let us know how many paddlers/supporters/whānau will be attending the pōwhiri for catering purposes.

## IMPORTANT DATES

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|-------------------|---|
| • 2 February 2023 | Pānui 1 online  |
| • 7 February 2023 | Entries Open  |
| • 23 March 2023   | Entries close   |
| • 4 April 2023    | Roster closes   |
| • 5 April 2023    | Once the roster is completed - clubs will be invoiced |
| • 20 April 2023   | LDN Pōwhiri (Venue TBA)                               |
| • 21 April 2023   | Race 1, 2 & 3   |
| • 22 April 2023   | Race 4, 5 and 6                                       |
| • 23 April 2023   | Back Up Race Day                                      |

## BACK UP RACE DAY

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If the weather or sea conditions make it unsafe to paddle any one of the allocated races then 23 April is the back-up race day. Paddlers are advised to make plans to be available that day.

## ENTRY FEES

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The fees for all entries received prior to 23 March are:

Grade	W6	W1 Rudderless/W1 Rudderred/W2	Combination
Seniors	\$60 each	\$60 each	\$90 each
Juniors	\$40 each	\$40 each	\$60 each

### NOTE:

- If a senior paddler is entered in both the W6 and W1 Rudderless/W1 Rudderred races the entry fee payable is \$90.00.
- If a Junior paddler is entered in both the W6 and W1 Rudderless/W1 Rudderred races, the entry fee payable is \$60.00.
- Entry into a third event would cost a further \$30.00 for seniors and \$20.00 for Juniors ie: W6 + W1+W2 = \$120.00/Senior or \$80/Junior.

## PENALTIES

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Any late additions/changes/withdrawals after 23 March a \$20 per paddler late fee will apply e.g. division changes, paddler swap, additions.

**Any club that withdraws teams after being invoiced will still be charged the full entry fee.**

All team entries are to be entered via the Waka Ama New Zealand website through your Club Coordinator.

## REFUND POLICY

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- No refunds will be given for any withdrawals after 5 April when the roster is closed
- No refund will be given if the event is cancelled due to a natural disaster or extreme weather should the event be cancelled after the 18<sup>th</sup> April.

## RACE DISTANCES AND COURSES

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The racecourse will be set closer to the event based on the weather and ocean conditions to provide all paddlers with an enjoyable, challenging, and safe experience. Course maps for all alternate courses will be available in the next pānui

J16 & Novice races will take place at this event and the courses for those will be within the bay.

Waka	Distance	Divisions	Categories
<b>W6:</b>	23-25km	Open, Master and Senior Master	Men, Women & Mixed
	16-20km	Gld Master, Master 70, J19	Men, Women & Mixed
	8-10km	J16, M75 & M80	Men, Women & Mixed
	8-10km	Adaptive	Mixed
	8-10km	Short course*	Men, Women and Mixed*
<b>W1 Ruddered/ Rudderless</b>	16km	Seniors (U23, Open, Master, Snr Master)	Men & Women
	8-10km	Gld Master, Master 70, J16, J19, M75 & M80	Men & Women
<b>W1</b>	8-10km	Adaptive	Men & Women
<b>W2/W3:</b>	16km	Seniors (U23, Open, Master, Snr Master)	Men, Women & Mixed
	8-10km	Gld Master, Master 70, J16, J19, M75 & M80	Men, Women & Mixed
<b>W2</b>	8-10km	Adaptive	Men, Women & Mixed

\*Not a medal category

## COMPETITORS ABILITY

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We are providing opportunities for experienced and capable crews and individuals in age categories from J16 and above. The term “experienced” means that teams and individuals have experience in sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

The short course race will provide an opportunity to those paddlers who are experienced but are unable to complete the senior distance – the short course events will not be eligible for medals.

J16 and Short Course events will be held within the Bay.

## VERIFICATIONS

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Please ensure you send verification documents to [admin@wakaama.co.nz](mailto:admin@wakaama.co.nz) nice and early. All paddlers entered must be verified and affiliated to add their names to the club roster.

## RACE DIVISIONS

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All age groups are as outlined in the Waka Ama New Zealand Race Rules, rule 50.2. Note: J16 minimum age is 11 and J19 Competitors must be a minimum age of 16 in the year of competition.

DIVISION	Minimum (Age as of 31 December 2023)	Maximum (Age as of 31 December 2023)
Junior 16	11	16
Junior 19	14	19
U23	16	23
Open	16	None
Masters	40	None
Senior Masters	50	None
Golden Masters	60	None
Master 70	70	None
Master 75	75	None
Master 80	80	None

- All New Zealand entrants must be from clubs who are affiliated to Waka Ama New Zealand.
- All paddlers must be verified to enter.
- Entrants from overseas clubs are welcome to register for this event but will not be eligible for medals.
- The adaptive teams must comprise of 3 adaptive paddlers and 3 non-adaptive paddlers.
- Mixed W6 Crews in mixed races are to be of mixed gender. The majority (at least 50%) of paddlers must be female
- Mixed W2 teams must be made up of 1 man and 1 woman

- Mixed W3 teams must have at least 1 woman
- International entries are permitted but not eligible for medals

## RACE RULES

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All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information - <http://wakaama.co.nz/pages/read/1003423>.

## WAKA HIRE

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W6 Waka Hire - We encourage teams to bring their own waka to the LDNs however we understand that is not as easy for everyone. Please contact the clubs directly in Te Puku o Te Ika if you want to hire a waka, or liaise with other clubs in your region who might be towing canoes north. V1, OC1, OC2 Hire - please contact clubs directly in Te Puku o Te Ika if you want to hire a single or double waka.

Waka Ama NZ will prepare a Waka Hire List that shows who is hiring out Waka for which event.

For those who have Waka to hire please email [ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

For those wishing to hire Waka please email [ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

Waka Ama NZ will endeavour to connect you up via email for W6 Waka hire, however, it is up to you to arrange and confirm hire bookings

## ACCOMMODATION

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Whitianga and the surrounding area provide multiple accommodation options either in Whitianga itself or within 30-40 mins drive from the venue: Click here for some options [Whitianga & District](#)

## TRAVEL

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Here is a google map link to Buffalo Beach, Whitianga

<https://www.google.co.nz/maps/@-36.8303748,175.7140014,14z>

There are commercial flights in and out of Whitianga here: [Barrier Air](#) or here: [Air Auckland](#). The nearest airport to Whitianga is Auckland (AKL) Airport which is 83.9 km away. Other nearby airports include Tauranga (TRG) (102.9 km), Hamilton (HLZ) (119.3 km) and Rotorua (ROT) (152 km)

## VENDORS

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Vendor information will be available shortly, if you have any questions please contact [ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

## KAIMAHI - VOLUNTEERS

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Volunteer information will be shared shortly, in the meantime if you have any questions or are keen to volunteer for this event please contact [ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

## RACE PROGRAMME

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**Thursday, 20<sup>th</sup> April**

TBA	Pōwhiri at TBC
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**Friday, 21<sup>st</sup> April**

### Race 1

<b>Open Women, Master Women, Snr Master Women</b>	W1 Rudderless	16km
<b>J19 Women, Gld Master Women, Master 70, 75, 80 Women</b>	W1 Rudderless	10km
<b>Open Men, Master Men, Snr Master Men</b>	W1 Rudderless	16km
<b>J19 Men, Gld Master Men, Master 70 Men, 75 men, 80 men</b>	W1 Rudderless	10km
<b>Open Women, Master Women, Snr Master Women</b>	W2/W3	16km
<b>J19 Women, Gld Master Women, Master 70, 75, 80 Women</b>	W2/W3	10km
<b>Open Mixed, Master Mixed, Snr Master Mixed</b>	W2/W3	16km
<b>J19 Mixed, Gld Master Mixed, Master 70 Mixed</b>	W2/W3	10km

### Race 2

<b>Open Women, Master Women, Snr Master Women</b>	W1 Rudderless	16km
<b>J19 Women, Gld Master Women, Master 70, 75, 80 Women</b>	W1 Rudderless	10km
<b>Open Men, Master Men, Snr Master Men</b>	W1 Rudderless	16km
<b>J19 Men, Gld Master Men, Master 70 Men, 75 men, 80 men</b>	W1 Rudderless	10km
<b>Open Men, Master Men, Snr Master Men</b>	W2/W3	16km
<b>J19 Men, Gld Master Men, Master 70 Men. 75 men, 80 men</b>	W2/W3	10km

### Race 3

<b>J16 Men, J16 Women, J16 Mixed, M75, M80</b>	W6	10km
<b>Open Men, Open Women, Open Mixed Short-course</b>	W6	10km
<b>Adaptive Mixed</b>	W6	10km

#### **PRIZEGIVING DAY 1\***

\*Some Prizegivings will be held throughout the day.

Saturday 22<sup>nd</sup> April

Race 4		
Open, Master & Snr Master Women	W6	24km
J19 Women, Gld Master, Master 70 Women	W6	16km
J16 Women	W1 Rudderless	10km
J16 Men	W1 Rudderless	10km
Adaptive Women	W1	10km
J16 Men	W2/W3	10km
Adaptive Men	W2/W3	10km
Race 5		
Open, Master & Snr Master Mixed	W6	24km
J19 Mixed, Gld Master Mixed, M70 Mixed	W6	16km
J16 Women	W1 Rudderless	10km
J16 Men	W1 Rudderless	10km
Adaptive Men	W1	10km
J16 Women & Mixed	W2/W3	10km
Adaptive Women & Mixed	W2/W3	10km
Race 6		
Open, Master & Snr Master Men	W6	24km
J19 Men, Gld Master Men, M70 Men	W6	16km
<b>PRIZEGIVING DAY 2*</b>		

\*Some Prizegivings will be held throughout the day.

## QUESTIONS AND ENQUIRIES

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For any further information please go to  
[www.wakaama.co.nz](http://www.wakaama.co.nz) or contact us on  
[ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

On behalf of Waka Ama NZ and our hosts; TPOTI and the Hauraki collective of clubs we look forward to hosting you all in Whitianga for LDN 2023.

Or for more information check out the event Facebook page here:  
<https://www.facebook.com/wakaamaLDN/>